

## TRYING DIFFERENTLY

Guide for Daily Living and Working with FAS and Other Brain Differences, <u>3rd Edition</u> Produced by the Fetal Alcohol Syndrome Society Yukon, 2005 Edited by Debbie Trudeau

This is a booklet of strategies that work, gathered from parents and caregivers across Yukon, Canada, and the US. In 2005, with further input from parents and caregivers, we added more strategies which apply across the lifetime of affected individuals. As all individuals with FAS are unique, and specific strategies work for specific people, we suggest you try what sounds right for you and your situation. If it doesn't work, try something else. No one has all the answers, but we know that "Trying Differently" will make a difference in everyone's lives. We invite you to try it and see.

Cost per copy\*

1-100 books: \$10.00 + S&H 100+: \$7.50 + S&H

\*families within the Yukon dealing with FASD may contact us for a free copy.

## **SILENT NO MORE**

A Poetic Voice Breaks the Silence of FASD

How does it feel to be affected by FASD and have your mind not do what you want it to?

What is it like to be used, judged, criticized, talked about, blamed, and not understand what is happening?

Author Jenny Jackson and family have shed light on these questions and more with pages of delightful, thought-provoking, educational and touching poetry and prose. Step into their world to laugh and cry your way to a deeper understanding of those affected by alcohol before they were born. The effects of FASD last a lifetime.

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